

# **AUTHOR, CHEF, TV PERSONALITY GEORGIA PELLEGRINI**

**Finesse and grit: that is what defines Georgia Pellegrini and makes her a motivational leader unlike any other. In 2004 she left the fierce world of Wall Street behind and stepped into the wild — reconnecting with nature to discover a simpler, more authentic, and self-sufficient life.**

**Pellegrini is a modern-day pioneer with "Superwoman Skills" who empowers audiences to step outside of their comfort zones and discover inner bravery and resourcefulness. Her critically acclaimed books include *Food Heroes*, *Girl Hunter*, and most recently, *Modern Pioneering*, a cookbook for homestead cuisine and living off the land.**

**Called “an empowerment guru” by *The New York Times*, Pellegrini is a phenomenally gifted speaker, and her *Adventure Getaways* attract audiences from as far as South Korea.**

**Growing up on her family’s farm in upstate New York, Pellegrini developed a passion for simple farm-to table food and a deep connection to the outdoors. Having worked in the finance world after college, she decided to leave her cubicle and reconnect with her roots. After graduating from the French Culinary Institute, she began working in Michelin restaurants in New York and France, including Blue Hill at Stone Barns, Gramercy Tavern, and La Chassagnette. Soon she started leading her renowned *Adventure Getaways*: excursions around the country aimed at promoting “manual literacy” and helping participants step outside of their comfort zone and experience life more viscerally.**

**Motivational and approachable, she is a firm believer in empowering women to be self-sufficient and encourages her audiences to identify personal strengths and pursue their life passions. Her words go “beyond-the-podium” and inspire audiences to put pioneering principles to use anywhere, from the suburbs to the heart of the city, from the hunting perch to the board room. Georgia Pellegrini has been featured on *Jimmy Kimmel Live!*, *Iron Chef America*, *Today*, HBO’s *Real Sports*, ABC’s *The Chew*, NPR, among hundreds of other radio, TV, and newspaper outlets. She also writes regularly for *The Wall Street Journal*.**

