



“Manual literacy is the path to a more empowered, joyful life.”

- Georgia Pellegrini

Finesse and grit: that is what defines Georgia Pellegrini. She's a modern-day pioneer with "Superwoman Skills" who empowers audiences to step outside of their comfort zones and discover inner bravery and resourcefulness in the kitchen, the garden and the outdoors. Her critically acclaimed books include Food Heroes, Girl Hunter, and most recently, Modern Pioneering, a cookbook for homestead cuisine and living off the land.

Called “an empowerment guru” by The New York Times, Pellegrini's weekend Adventure Getaways for women attract audiences from around the globe.

Growing up on her family's farm in upstate New York, Pellegrini developed a passion for simple farm-to table food and a deep connection to the outdoors. Having worked in the finance world after college, she decided to leave her cubicle and reconnect with her roots. After graduating from the French Culinary Institute, she began working in Michelin restaurants in New York and France. Soon she started leading her renowned Adventure Getaways: excursions around the country aimed at promoting what she calls “manual literacy” and helping participants step outside of their comfort zone and experience life more viscerally.

She is a firm believer in empowering people to be self-sufficient and encourages her audiences to identify personal strengths and pursue their life passions. She works in partnership with select premium brands to elevate their message as well as delivers inspiring presentations to groups around the country. Georgia has been featured on Jimmy Kimmel Live!, Iron Chef America, Today Show, HBO's Real Sports with Bryant Gumbel, ABC's The Chew, NPR, among hundreds of other radio, TV, and newspaper outlets. She also has written regularly for The Wall Street Journal and has hosted the TV show “Wild Food” on Discovery Networks, commissioned by the Travel Channel to be their first female host in 14 years. Her new show, "Modern Pioneering," premiered on PBS, American Public Television and Create in October 2020 and won "Best New Series" in the company of high profile cable and network shows.

See more of Georgia's work at georgiapellegrini.com + adventuregetaways.com.

